



SSC WEEKLY RELEASE

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FOR IMMEDIATE RELEASE

Monday, January 25, 2010

SUNSHINE STATE CONFERENCE PLAYERS OF THE WEEK

WOMEN'S BASKETBALL



PLAYER OF THE WEEK -- Tampa junior guard **Gianna Messina** (Tampa, Fla.) led the No. 16 Spartans to a pair of SSC wins, averaging 23.5 points, 3.5 rebounds, 3.5 assists, and 2.0 steals per game. In a 69-68 thriller at Florida Southern, Messina tallied 24 points, three assists, two rebounds, and two steals. Seventeen of her points came in the second half and helped UT overcome a 10-point deficit. In a 63-39 win over Barry, she collected 23 points, five rebounds, four assists, and two steals. Going 7-for-9 beyond the arc, her seven three-pointers rank second on Tampa's single-game list. For the week, Messina shot an impressive 64 percent (18-for-28) from the field and a red-hot 69 percent (11-for-16) from three-point range.

MEN'S BASKETBALL



PLAYER OF THE WEEK -- Rollins junior guard **Nick Wolf** (Cincinnati, Ohio) had another impressive week in leading the No. 20 Tars to a pair of SSC victories. He averaged 21.0 points, 9.5 rebounds, 3.5 assists, and 0.5 blocks per outing. In a 79-61 win at Florida Tech, Wolf chalked 28 points, nine rebounds, and three assists. In a 73-60 victory versus Saint Leo, he notched a double-double with 14 points, 10 rebounds, four assists, and a block. In both games combined, he connected on 55 percent (18-of-33) of his field goal attempts, 27 percent (3-of-11) of his three-pointers, and 75 percent (3-for-4) of his free throws.

SSC NOTES OF INTEREST

- In Saturday's 66-63 overtime loss to Florida Tech, Nova Southeastern senior guard **Tara Haddock** became just the third player in program history to hit six three-point shots in a game. The last NSU player to accomplish the feat was Megahanne Hickey in a game versus Rollins on Dec. 29, 2001. Haddock concluded Saturday's game with 20 points, six rebounds, three blocks, and an assist.

2009 Sunshine State Conference Men's Basketball Update (through January 24, 2010)

SSC MEN'S BASKETBALL STANDINGS

	SSC Games			Overall		
	W	L	PCT	W	L	PCT
Rollins	6	1	.857	14	3	.824
Florida Southern	5	2	.714	16	2	.889
Barry	4	3	.571	12	5	.706
Nova Southeastern	4	3	.571	11	6	.647
Eckerd	4	3	.571	10	6	.625
Lynn	4	3	.571	10	8	.556
Tampa	3	5	.375	8	8	.500
Saint Leo	2	5	.286	8	12	.400
Florida Tech	0	7	.000	10	8	.556

UPCOMING SCHEDULE

WEDNESDAY, JANUARY 20

Nova Southeastern 76, Palm Beach Atlantic 68
 LYNN 74, BARRY 69
 ECKERD 67, SAINT LEO 61
 FLORIDA SOUTHERN 95, TAMPA 89 (OT)
 ROLLINS 79, FLORIDA TECH 61

SATURDAY, JANUARY 23

ROLLINS 73, SAINT LEO 60
 Florida Southern 76, Palm Beach Atlantic 60
 ECKERD 58, LYNN 56
 BARRY 77, TAMPA 75
 NOVA SOUTHEASTERN 94, FLORIDA TECH 63

RECENT RESULTS

WEDNESDAY, JANUARY 27

FLORIDA SOUTHERN AT NOVA SOUTHEASTERN
 Tampa at Palm Beach Atlantic
 ROLLINS AT ECKERD
 LYNN AT FLORIDA TECH
 SAINT LEO AT BARRY

SATURDAY, JANUARY 30

FLORIDA TECH AT TAMPA
 NOVA SOUTHEASTERN AT SAINT LEO
 LYNN AT ROLLINS
 Eckerd at Palm Beach Atlantic
 BARRY AT FLORIDA SOUTHERN

SSC TEAMS IN RANKINGS

NABC Men's Basketball Poll (1/19):

16. Florida Southern, 20. Rollins

Men's Basketball Weekly Honor Roll

PLAYER OF THE WEEK

	GP	FG-FGA	3FG-FGA	FT-FTA	REBS.	AVERAGES				
		(PCT)	(PCT)	(PCT)	(O-D-TOT)	PTS	REB	AST	BLK	STL
Nick Wolf, RC (Jr, G)	2	18-33 (.545)	3-11 (.273)	3-4 (.750)	1-18-19	21.0	9.5	3.5	0.5	0.0

Wolf had another impressive week in leading the No. 20 Tars to a pair of SSC victories. He averaged 21.0 points, 9.5 rebounds, 3.5 assists, and 0.5 blocks per outing. In a 79-61 win at Florida Tech, Wolf chalked 28 points, nine rebounds, and three assists. In a 73-60 victory versus Saint Leo, he notched a double-double with 14 points, 10 rebounds, four assists, and a block. In both games combined, he connected on 55 percent (18-of-33) of his field goal attempts, 27 percent (3-of-11) of his three-pointers, and 75 percent (3-for-4) of his free throws.

OTHER NOMINEES

	GP	FG-FGA	3FG-FGA	FT-FTA	REBS	AVERAGES				
		(PCT)	(PCT)	(PCT)	(O-D-TOT)	PTS	REB	AST	BLK	STL
Jon Brooks, NSU (Jr, G)	2	12-21 (.571)	8-14 (.571)	4-4 (1.000)	5-0-0	18.0	2.5	0.0	1.0	0.5
Rion Rayfield, FSC (Jr, G)	2	11-21 (.524)	8-11 (.727)	11-12 (.917)	0-4-4	20.5	2.0	3.5	0.0	1.0
Wayne Sears, EC (So, G)	2	7-14 (.500)	0-3 (.000)	10-10 (1.000)	2-1-3	12.0	2.5	0.5	0.5	0.5
Michel Vidal, LU (Jr, F/C)	2	9-17 (.529)	---	3-7 (.429)	8-16-24	10.5	12.0	0.0	2.5	1.0

2009 Sunshine State Conference Women's Basketball Update (through January 24, 2010)

SSC WOMEN'S BASKETBALL STANDINGS

	SSC Games			Overall		
	W	L	PCT	W	L	PCT
Tampa	7	1	.875	17	2	.895
Florida Southern	5	2	.714	15	3	.833
Rollins	5	2	.714	12	5	.706
Barry	4	3	.571	12	5	.706
Saint Leo	4	3	.571	11	6	.647
Lynn	3	4	.429	11	6	.647
Nova Southeastern	2	5	.286	9	9	.500
Florida Tech	1	6	.143	9	9	.500
Eckerd	1	6	.143	6	9	.400

UPCOMING SCHEDULE

WEDNESDAY, JANUARY 20

ROLLINS 73, FLORIDA TECH 58
 TAMPA 69, FLORIDA SOUTHERN 68
 SAINT LEO 60, ECKERD 58
 BARRY 63, LYNN 59

SATURDAY, JANUARY 23

ROLLINS 64, SAINT LEO 50
 LYNN 59, ECKERD 58
 Florida Southern 86, Palm Beach Atlantic 50
 FLORIDA TECH 66, NOVA SOUTHEASTERN 63 (OT)
 TAMPA 63, BARRY 39

RECENT RESULTS

WEDNESDAY, JANUARY 27

LYNN AT FLORIDA TECH
 SAINT LEO AT BARRY
 ROLLINS AT ECKERD
 FLORIDA SOUTHERN AT NOVA SOUTHEASTERN

SATURDAY, JANUARY 30

FLORIDA TECH AT TAMPA
 LYNN AT ROLLINS
 NOVA SOUTHEASTERN AT SAINT LEO
 Eckerd at Palm Beach Atlantic
 BARRY AT FLORIDA SOUTHERN

SSC TEAMS IN RANKINGS

USA Today/WBCA Women's Basketball Poll (1/19):

16. Tampa, Florida Southern received votes

Women's Basketball Weekly Honor Roll

PLAYER OF THE WEEK

	GP	FG-FGA (PCT)	3FG-FGA (PCT)	FT-FTA (PCT)	REBS. (O-D-TOT)	AVERAGES				
						PTS	REB	AST	BLK	STL
Gianna Messina, UT (Jr, G)	2	18-28 (.643)	11-16 (.688)	---	1-6-7	23.5	3.5	3.5	0.0	2.0

Messina led the No. 16 Spartans to a pair of SSC wins, averaging 23.5 points, 3.5 rebounds, 3.5 assists, and 2.0 steals per game. In a 69-68 thriller at Florida Southern, Messina tallied 24 points, three assists, two rebounds, and two steals. Seventeen of her points came in the second half and helped UT overcome a 10-point deficit. In a 63-39 win over Barry, she collected 23 points, five rebounds, four assists, and two steals. Going 7-for-9 beyond the arc, her seven three-pointers rank second on Tampa's single-game list. For the week, Messina shot an impressive 64 percent (18-for-28) from the field and a red-hot 69 percent (11-for-16) from three-point range.

OTHER NOMINEES

	GP	FG-FGA (PCT)	3FG-FGA (PCT)	FT-FTA (PCT)	REBS (O-D-TOT)	AVERAGES				
						PTS	REB	AST	BLK	STL
Gekeela Clemmons, SLU (Jr, G)	2	10-25 (.400)	4-9 (.444)	4-4 (1.000)	3-5-8	14.0	4.0	1.5	0.5	0.5
Tara Haddock, NSU (Sr, G)	1	7-14 (.500)	6-12 (.500)	0-1 (.000)	4-2-6	20.0	6.0	1.0	3.0	0.0
Bionca Harness, FT (Sr, F)	2	9-17 (.529)	0-3 (.000)	2-2 (1.000)	5-2-7	10.0	3.5	2.0	0.0	3.0
Ashley Lutz, EC (Jr, G)	2	16-32 (.500)	3-9 (.333)	6-15 (.400)	3-3-6	20.5	3.0	5.0	1.0	2.5
Kristina Mingos, RC (So, G)	2	7-14 (.500)	3-9 (.333)	6-9 (.667)	6-12-18	11.5	9.0	1.0	1.0	2.5